



## GUIDELINES FOR TRAINEES

Forum Synergies (FS) Scholarship is based on a trainee exchange programme with the main goal to spread information and to share know-how about sustainable, local rural development. For you it is a great opportunity to pass some time in a place of your choice (according to host's availability) in the aim to acquire a new experience based on a valuable knowledge and know-how in the field of sustainable rural development.

If you are passionate, curious and you want to use your skills to contribute to sustainable rural development, you are in the right place!

ONLINE  
REGISTRATION FORM  
TRAINEE



REGISTRATION IS OPEN  
until 31.8.2023

## BEFORE you start the scholarship

- Fill in the application form: [TRAINEE application form](#);
- We will contact you to organize a short online **interview**, the main points of conversation will be communicated at this moment;
- We invite you to participate in a **webinar** to offer more information, to introduce you to Forum Synergies and to get to know each other;
- We will help you find a **matching** host, according to your application form;
- You and the host will agree on the **best period** for scholarship for both of you;
- You and the host will elaborate bilaterally a **working plan** and a **financial plan** which has to be agreed by Forum Synergies.



ONLINE FORM FOR  
THE FINANCIAL PLAN  
TRAINEE



MODEL CONTRACT

download here:  
[forum-synergies.eu](http://forum-synergies.eu)

## DURING the scholarship

It is really important to document your scholarship: you can choose a way that is close to you – blog, diary, videos, photos or other. It is up to you! The only rule is that the documentation should contain visual and textual material; This experience is unique - catch everything you can and enjoy!

## AFTER the scholarship

- A report should be handed-in one month after completion of the scholarship;
- Two weeks after the validation of the financial and substantial report FS will proceed to the reimbursement of the fees

## CONTACT INFORMATION

At any period of your scholarship (before, during and after) do not hesitate to contact us, we will be glad to help you!

Simone Matouch (EN, DE)  
Forum Synergies  
[www.forum-synergies.eu](http://www.forum-synergies.eu)  
[forum-synergies@a1.net](mailto:forum-synergies@a1.net)  
+43 6508830657

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