



Forum Synergies

Linking sustainable practices throughout Europe

www.forum-synergies.eu

INVITATION

1st Forum Synergies Capacity Building Workshop

St. Michel l'Observatoire, Provence, France

13th – 14th January 2012



What is a Capacity Building Workshop?

It is a 1 to 2 day session, organised to exchange and learn about good practices related to Forum Synergies network philosophy and methodology (moderation techniques, participative tools, creation of a group dynamic etc.).

The workshops aim at training interested participants in some of these techniques and sharing with them their own knowledge.

Another objective is to capitalize this work (in a booklet or other document) to be able to use it and spread it. It is also a way to reinforce FS identity.

For whom?

The workshops are planned as an internal offer to FS members and close partners. Ideally for a group of 8-12 people.

How – which activities?

The concept of this 1st workshop would include:

- “Making memories”: in group work, we will identify moderation and participatory skills and tools used during past FS meetings
- “Practical exercises” : participants will select 1 or 2 tools among the identified skills to put them into practice ; 2 people would lead it and 2 others would act as « rapporteurs » to describe the tool, how it works, in order to compile this information.
- “ Discovering other skills ”: we will prepare a learning session on a specific tool used by some of the participants, which may have not been used during FS activities (ex: mediation) but might be interesting for the others...

A more detailed programme will be sent to participants before the workshop.

Practical details

Fee: inscription to the workshop is FREE. You should carry your own transport and accommodation costs.

Dates: the capacity building workshop will take place during 2 days **between January 2nd and 15th, 2012**: definitive dates will be fixed when interested participants will have confirmed availability. FYI, it will be ending a Lifeshop organised in Provence the same week (see Lifeshop document for more detailed information). You can choose participating only in the Lifeshop, only in the Capacity Building workshop or combine both.

Transport: the workshop will take place in St Michel l'Observatoire (Alpes de Haute Provence - FRANCE)

<http://maps.google.es/maps?q=Rue+Grande+Saint-Michel-l%27Observatoire,+Alpes+de+Alta+Provenza,+Provenza-Alpes-Costa+Azul,+Francia&hl=es&sll=43.918175,5.71907&sspn=0.249778,0.441513&z=16>

- If you arrive by TRAIN, the nearest train station is Manosque—and the closest TGV stations are Avignon TGV and Aix TGV (www.tgv-europe.com).
- If you arrive by PLANE, closest Airport is Marseille—You can also arrive by plane to Paris, then take a train from Roissy airport to Avignon or Aix en Provence - TGV (3 hours travel - www.tgv-europe.com)
- To reach the workshop place, you can take a BUS to Manosque from Marseille Airport or Aix TGV train station, (1 hour – 1h30 - http://www.payan-voyages.com/cars/pdf/horaires_ler_digne_amp.pdf or <http://www.info-ler.fr/>)

We will pick you up in Manosque to drive you to St Michel. If you plan to move in your own way during the week, you should rent a car.

Food: dinner will be offered ; you will just have to pay your lunch (from 13 euros to 20 euros depending on the restaurant)

Accommodation: different options are available in St-Michel ; from Rural Guest house (for example www.moulindeince.net : night and breakfast : 30 euros/ pers) to hotel (www.hotel-restaurant-lobservatoire.com about 50 euros/pers). We could help to arrange your booking if needed.

Registration

Please register before September 30th precising when you could be available between **January 2nd and 15th**. For questions or registration, please contact Simone Matouch: info@forum-synergies.eu